

Behavior Assessment System for Children

Parent Rating Scales

Cecil R. Reynolds and Randy W. Kamphaus

Instructions

On the pages that follow are phrases that describe how children may act. Please read each phrase and mark the response that describes how this child has acted over the last six months. If the child's behavior has changed a great deal during this period, describe the child's recent behavior.

Circle N if the behavior never occurs.

Circle S if the behavior sometimes occurs

Circle O if the behavior often occurs.

Circle A if the behavior almost always occurs.

Please mark every lions. If you don't know or see unsure, give your best estimate.

Before starting, please provide the information requested in the bexust the too of the next page.

How to Mark Your Responses

Use a share pencil or hallpoint new, do not use a felt-lip pen or marker. Prese firmly and be contain to circle care, letely the terrer you choose, tike this:

v (8) 0

If you wish to change a response, thack and through it and circle your new choice, like this:





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B 0 9 8 7 8 5 4 3 2

Child's name First Middle	Last	Your name	1.	ast	
Date Birth date Month Day Year Month Day Year	Age	_ Sex: Female Male	L	ioi	
School	Grade	Relationship to child:			
Sex: Female Male Other data		Mother ☐ Father ☐ Guardian ☐ Other _			·
1. Adjusts well to new teachers.	N S O A	36. Is easily soothed when angry.	S	0	A
2. Threatens to hurt others.	N S O A	37. Teases others. N	S	0	Α
3. Worries.	N S O A	38. Worries about what parents think. N	S	0	A
4. Listens to directions.	N S O A	39. Forgets things.	S	0	A
5. Rocks back and forth for long periods of time.	N S O A	40. Repeats one activity over and over.	S	0	A
6. Runs away from home.	N S O A	41. Uses foul language. N	S	0	A
7. Says, "I don't have any friends."	N S O A	42. Says, "Nobody understands me." N	S	0	A
Cannot wait to take turn.	N S O A	43. Needs too much supervision.	S	0	A
9. Attends after-school activities.	N S O A	44. Is a "self-starter." N	S	0	A
10. Says, "please" and "thank you."	N S O A	45. Has a sense of humor, N	S	o	A
11. Complains of shortness of breath.	N S O A	46. Complains of pain. N	S	0) A
12. Readily starts up conversations with new people.	N S O A	47. Avoids competing with other children. N	S	o) A
13. Plays with fire.	N S O A	48. Gets upset when plans are changed. N	S	O) A
14. "Shows off."	N S O A	49. Argues with parents. N	S	0) A
15. Is too serious.	N S O A	50. Says, "I get nervous during tests" or "Tests make me nervous."	S	0	A
16. Wets bed.	N S O A	51. Is easily distracted.	S	0) A
17. Tries to hurt self.	N S O A	52. Picks at things like own hair, nails, or clothing.	S	0	A
18. Has friends who are in trouble.	N S O A	53. Shows a lack of concern for others' feelings.	S	0) A
19. Says, "I want to kill myself."	N S O A	54. Is easily frustrated.	S	0) A
20. Leaves seat during meals.	N S O A	55. Is restless during movies. N	S	0) A
21. Joins clubs or social groups.	N S O A	56. Has lots of ideas. N	S	0) A
22. Encourages others to do their best.	N S O A	57. Volunteers to help with things. N	S	0) A
23. Complains of dizziness.	N S O A	58. Vomits.	S	0) A
24. Will change direction to avoid having	N S O A	59. Is shy with other children. N	S	0) A
to greet someone. 25. Dares other children to do things.	N S O A	60. Is a "sore loser." N	S	O) A
26. Stutters.	N S O A	61. Tries too hard to please others.	S	O) A
27. Says, "I'm afraid I'll hurt someone."	N S O A	62. Daydreams. N	S	C) A
28. Is in trouble with the police.	N S O A	63. Has to stay after school for punishment. N	S	C) A
29. Cries easily.	N S O A	64. Is easily upset. N	S	C) A
30. Throws tantrums.	N S O A	65. Fiddles with things while at meals.	S	C) A
31. Uses medication.	N S O A		S	C) A
32. Congratulates others when good	N S O A	67. Uses appropriate table manners. N	S	C) A
things happen to them. 33. Complains of being cold.	N S O A		S	C) A
34. Hits other children.	N S O A	69. Has toileting accidents. N	ı s	C) A
35. Has eye problems.	N S O A		ſ S	C) A

Remember:

Indicate how frequently each behavior occurs by circling

I — Never S — Sometimes O — Often A — Almost always



71. Adjusts well to changes in routine.	N	s	0	A	1	05.	Is a "good sport."	1	v V	S	O	A
72. Is critical of others.	N	S	0	A	1	06.	Calls other children names.	N			0	
73. Is afraid of dying.	N	S	0	A			Says, "I'm afraid I will make a mistake."	N			 О	
4. Gives up easily when learning something new.	N	s	0	A			Completes work on time.	N		_	о О	
75. Seems out of touch with reality.	N	S	0	A			Plays in toilet.	N				A
6. Lies to get out of trouble.	N	S	0	— А	<u> </u>	10.	Has been suspended from school.	N		 S (
7. Complains about not having friends.	N	S	0	— А			Says, "Nobody likes me,"	N			 O	
8. Interrupts others when they are speaking.	N	S	0	— А			Makes loud noises when playing.	N			0	
9. Is creative.	N		0				Will speak up if the situation calls for it.	N			0	
0. Makes suggestions without offending others.	N	s	—	A			Responds when spoken to.	N			0	
1. Has headaches.	N	s	0	A			Has difficulty breathing.	N			0	
2. Refuses to join group activities.	N	S		 A			Avoids other children.	N		· ·		
3. Shares toys or possessions with other children.	N	S		A	pasts assume		Adjusts well to changes in family plans.	N				A
4. Complains about rules.	N	S		 A			Argues when denied own way.	N))	
5. Worries about things that cannot be changed.	N	S		 A			Says, "I'm not very good at this."	N				
6. Completes homework from start to finish without taking a break.	N	S	 О				Listens attentively.	N) 	
7. Eats things that are not food.	N	S		 A			Hears sounds that are not there.	N)	-
3. Gets into trouble in the neighborhood.	N	S	0				Lies.	N) 	
9. Changes mood quickly.		S		 A			Is sad.	N		• • • • • • • • • • • • • • • • • • • •))	
). Is overly active.	N		<u> </u>				Climbs on things.	N				A
. Gives good suggestions for solving problems.		S	0				Makes decisions easily.	N))	
2. Politely asks for help.			0				Tries to bring out the best in other people.					
. Has allergic reactions.			0				Complains of heart beating too fast.	N	S)	
. Shows fear of strangers.	N						Clings to parent in strange surroundings.	N N	S			
. Breaks other children's things.			0				Is cruel to animals.					A
. Worries about what teachers think.			0				Worries about schoolwork.	N		0		
. Complains about being unable to block out unwanted thoughts.			0		-		Sees things that are not there.	N	S) , 	
Gets in trouble.			0				Sleeps with parents.	N	S) <u>,</u> 	··
. Says, "I want to die" or "I wish I were dead."	N						Says, "I'm so ugly."	N	S) /	
. Has seizures.	N				-		Has a hearing problem.	N	S) <i>I</i>	
. Is usually chosen as a leader.							Is energetic.	N	S		ı A	
Compliments others.			0					N	S			
Gets sick.			0				Shows interest in others' ideas.	N				
Begins conversations appropriately.	N :	S	0	A	13/	. J	Has stomach problems.	N	S	0	F	4



Behavior Assessment System for Children

Teacher Rating Scales

Cecil R. Reynolds and Randy W. Kamphaus

Instructions

On the pages that follow are phrases that describe how children may act. Please read each phrase and mark the response that describes how this child has acted over the last **six months**. If the child's behavior has changed a great deal during this period, describe the child's recent behavior.

Circle **N** if the behavior **never** occurs.

Circle **S** if the behavior **sometimes** occurs.

Circle **O** if the behavior **often** occurs.

Circle A if the behavior almost always occurs.

Please mark every item. If you don't know or are unsure, give your best estimate. A "Never" response does not mean that a child "never" engages in a behavior, only that you have not observed the child to behave that way.

Before starting, please provide the information requested in the box at the top of the next page.

How to Mark Your Responses

Use a sharp pencil or ballpoint pen; do not use a felt-tip pen or marker. Press firmly and be certain to **circle** completely the letter you choose, like this:

 \mathbf{N} $(\mathbf{\hat{s}})$ \mathbf{O} \mathbf{A}

If you wish to change a response, mark an X through it and circle your new choice, like this:

N (S) (O) A

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Child's name	Your name First Middle Last
Date Birth date Age	Position
Month Day Year Month Day Year Grade	What type of class do you teach?
Sex: Female Male Other data	How long have you known this child?
1. Adjusts well to new teachers. N S O A	38. Is stubborn. N S O A
2. Argues when denied own way. N S O A	39. Breaks other children's things. N S O A
3. Bites nails. N S O A	40. Is nervous. N S O A
4. Gives up easily when learning something new. N S O A	41. Does not pay attention to lectures. N S O A
5. Stares blankly. N S O A	42. Eats things that are not food. N S O A
6. Shows a lack of concern for others' feelings. N S O A	43. Has to stay after school for punishment. N S O A
7. Stays disappointed a long time if a favorite N S O A	44. Changes moods quickly. N S O A
activity is cancelled. 8. Rushes through assigned work. N S O A	45. Taps foot or pencil. N S O A
9. Attends after-school activities. N S O A	46. Has lots of ideas. N S O A
10. Does not complete tests. N S O A	47. Says that textbooks are hard to understand. N S O A
11. Volunteers to help with things. N S O A	48. Has a sense of humor. N S O A
12. Complains of being cold. N S O A	49. Complains about health. N S O A
13. Reads assigned chapters. N S O A	50. Does extra credit. N S O A
14. Refuses to talk. N S O A	51. Plays alone. N S O A
15. Has toileting accidents. N S O A	52. Stutters. N S O A
16. Threatens to hurt others. N S O A	53. Talks back to teachers. N S O A
17. Worries about things that cannot be changed. N S O A	54. Says, "I'm afraid I will make a mistake." N S O A
18. Is easily distracted from classwork. N S O A	55. Has a short attention span. N S O A
19. Tries to hurt self. N S O A	56. Seems out of touch with reality. N S O A
20. Skips classes at school. N S O A	57. Steals at school. N S O A
21. Says, "I don't have any friends." N S O A	58. Says, "Nobody likes me." N S O A
22. Bothers other children when they are working. N S O A	59. Acts without thinking. N S O A
23. Is creative. N S O A	N.C.O.A
24. Makes careless errors. N S O A	61. Gets failing school grades. N S O A
25. Says, "please" and "thank you." N S O A	62. Compliments others. N S O A
26. Complains of shortness of breath. N S O	A 63. Complains of being hot. N S O A
27. Studies with other students. N S O A	64. Works hard, even in courses he or N S O A she does not like.
28. Avoids competing with other children. N S O	N S O A
29. Blames others. N S O A	A 66. Orders others around. N S O A
30. Sees things that are not there. N S O	A 67. Plays in toilet. N S O A
31. Cheats in school. N S O	A 68. Complains about police or other law N S O A enforcement officers.
32. Complains about being teased. N S O	N C O A
33. Talks too loud. N S O	A 70. Calls out in class. N S O A
34. Bullies others. N S O	A 71. Is critical of others. N S O A
35. Seeks attention while doing schoolwork. N S O	N.C.O.
36. Encourages others to do their best. N S O	To Mill I to Not in ather poorly N. S. O. A
37. Analyzes the nature of a problem before starting to solve it. N S O	

Remember:

Indicate how frequently each behavior occurs by circling

													Aln			



 Adjusts well to changes in routine. N S O A Is a "good sport." Calls other children names. N S O A Is fearful. N S O A In Gets ill before a major school test. Has trouble concentrating. N S O A Forgets things. 	N N N			0	A
7. Is fearful, N S O A 114. Gets ill before a major school test.	N		s	n	
				<u> </u>	A
8. Has trouble concentrating N.S.O.A. 115 Forgets things	N	•	S	o	A
o. The trouble concentrating.		(S	o	A
 Complains about being unable to block out N S O A 116. Hears sounds that are not there. unwanted thoughts. 	N	(S	O	A
O. Is truant. N S O A 117. Has been suspended from school.	N	(S	O	A
1. Cries easily. N S O A 118. Is sad.	N		S	o	A
2. Interrupts others when they are speaking. N S O A 119. Acts silly.	N	(S	o	A
3. Gives good suggestions for solving problems. N S O A 120. Works well under pressure.	N		S	o	A
4. Has spelling problems. N S O A 121. Has poor handwriting or printing.	N	(S	o	A
5. Politely asks for help. N S O A 122. Admits mistakes.	N	(S	o	Α
6. Complains of pain. N S O A 123. Has headaches.	N	5	S	o	A
7. Reads. N S O A 124. Has good study habits.	N	Ę	S	o	Α
8. Is chosen last by other children for games. N S O A 125. Is shy with adults.	N		S	O	Α
9. Seems to take setbacks in stride. N S O A 126. Has trouble shifting gears from one task to another.	N	•	S	o	Ā
0. Shows off. N S O A 127. Hits other children.	N	(S	o	Α
1. Expresses self-doubt before tests. N S O A 128. Says, "I'm not very good at this."	N	9	S	o	Α
2. Listens attentively. N S O A 129. Listens to directions.	N	9	S	o	Α
3. Chews clothing or blankets. N S O A 130. Babbles to self.	N		S	O	Α
4. Uses foul language. N S O A 131. Has friends who are in trouble.	N	(S	o	Α
5. Is easily upset. N S O A 132. Says, "I want to die" or "I wish I were	dead." N	٤	S	o	Α
6. Makes loud noises when playing. N S O A 133. Is overly active.	N	٤	S	o	A
7. Is good at getting people to work together. N S O A 134. Joins clubs or social organizations.	N	ć	S	o	Α
8. Has problems with mathematics. N S O A 135. Completes assignments incorrectly be of not following instructions.	ecause N	9	S	O	Α
9. Congratulates others when good things N S O A 136. Offers to help other children.	N	٤	S	o	Α
O. Gets sick. N S O A 137. Has fevers.	N	(S	ō	Ā
1. Completes homework. N S O A 138. Uses the school library.	N	Ę	S	o	Α
2. Has trouble making new friends. N S O A 139. Refuses to join group activities.	N	5	 S	o	A
3. Teases others. N S O A 140. Is a "sore loser."	N	9	S	o	A
4. Repeats one thought over and over. N S O A 141. Has strange ideas.	N		S	o	A
5. Has reading problems. N S O A 142. Has eye problems.	N	9	S	o	A
6. Has seizures. N S O A 143. Has a hearing problem.	N	5	 S	o	A
7. Hurries through assignments. N S O A 144. Cannot wait to take turn.	N		S	o	A
8. Throws tantrums. N S O A 145. Is usually chosen as a leader.	N		S	o	A
9. Sings or hums to self. N S O A 146. Rocks back and forth for long periods	of time. N	٤	S	0	A
0. Makes suggestions without offending others. N S O A 147. Shows interest in others' ideas.	N		S	o	A
1. Asks to make up missed assignments. N S O A 148. Is well organized.	N	Č	S	0	A

The following statements describe some ways that parents interact with their child. Please respond to ALL items by circling a number according to how often each statement applies to you.

		0 Never	1 Some- times	2 Most of the time	3 Always
1.	I blame myself when my child gets hurt	0	1	2	3
2.	I comfort my child immediately when he/she cries	0	1	2	3
3.	I encourage my child to depend on me	0	1	2	3
4.	I have difficulty separating from my child	0	1	2	3
5.	I trust my child on his/her own	0	1	2	3
6.	I let my child make his/her own decisions	0	1	2	3
7.	I have difficulty leaving my child with a babysitter	0	1	2	3
8.	I decide when my child eats	0	. 1	2	3
9.	I use baby words when I talk to my child	0	1	2	3
10.	I urge my child to try new things	0	1	2	3
11.	I determine who my child will play with	0	. 1	2	3
12.	I keep a close watch on my child	0	1	2	3
13.	I feed my child even of he/she can do it alone	0	1	2	3
14.	I feel comfortable leaving my child with other people	0	1	2	3
15.	I protect my child from criticism	0	1	2	3
16.	I let my child choose what he/she wears	0	1	2	3
17.	I make my child go to sleep at a set time	0	1	2	3
18.	I go to my child if he/she cries during the night	0	1	2	3
19.	I encourage my child to play with other children	0	1	2	3
20.	I give my child extra attention when he/she clings to me	0	1	2	·3
21.	I decide what my child eats	0	1	2	- 3
22.	I dress my child even of he/she can do it alone	0	1	2	3
23.	I decide when my child goes to the bathroom	0	1	2	3
24.	I know exactly what my child is doing	0	1	2	3
25.	I allow my child to do things on his/her own	0	1	2	3

Please read this carefully.

We should like to know if you have had any medical complaints and how your health has been in general, over the past few weeks. Please answer ALL the questions on the following pages simply by <u>underlining</u> the answer which you think most nearly applies to you. Remember that we want to know about present and recent complaints, not those you had in the past.

It is important that you try to answer ALL the questions.

Have you recently

A1	been feeling perfectly well and in good	Better than usual	Same as usual	Worse than usual	Much worse than usual
A2	health? been feeling in need of a good tonic?	Not at all	No more than usual	Rather more than usual	Much more than usual
A3	been feeling run down and out of sorts?	Not at all	No more than usual	Rather more than usual	Much more than usual
A4	feel that you are ill?	Not at all	No more than usual	Rather more than usual	Much more than usual
A 5	been getting any pains in your head?	Not at all	No more than usual	Rather more than usual	Much more than usual
A6	been getting a feeling of tightness or pressure in your head?	Not at all	No more than usual	Rather more than usual	Much more than usual
A7	been having hot or cold spells?	Not at all	No more than usual	Rather more than usual	Much more than usual
B1	lost much sleep over worry?	Not at all	No more than usual	Rather more than usual	Much more than usual
B2	had difficulty in staying asleep once you are off?	Not at all	No more than usual	Rather more than usual	Much more than usual
В3	felt constantly under strain?	Not at all	No more than usual	Rather more than usual	Much more than usual
B4	been getting edgy or bad-tempered?	Not at all	No more than usual	Rather more than usual	Much more than usual
В5	Been getting scared or panicky for no good reason?	Not at all	No more than usual	Rather more than usual	Much more than usual
В6	found everything getting on top of you?	Not at all	No more than usual	Rather more than usual	Much more than usual
В7	been feeling nervous and strung-up all the time?	Not at all	No more than usual	Rather more than usual	Much more than usual

Have you recently....

C1	been managing to keep yourself busy and	More so than usual	Same as usual	Rather less than usual	Much less than usual
C2	occupied? been taking longer over the things you do?	Quicker than usual	Same as usual	Longer than usual	Much longer than usual
C3	felt on the whole you were doing things well?	Better than usual	About the same	Less well than usual	Much less well
C4	been satisfied with the way you've carried out	More satisfied	About same as usual	Less satisfied than usual	Much less satisfied
C5	your task? felt that you are playing a useful part in things?	More so than usual	Same as usual	Less useful than usual	Much less useful
C6	felt capable of making decisions about things?	More so than usual	Same as usual	Less so than usual	Much less capable
C7	been able to enjoy your normal day-to-day activities?	More so than usual	Same as usual	Less so than usual	Much less than usual
D1	been thinking of yourself as a worthless	Not at all	No more than usual	Rather more than usual	Much more than usual
D2	person? felt that life is entirely hopeless?	Not at all	No more than usual	Rather more than usual	Much more than usual
D3	felt that life isn't worth living?	Not at all	No more than usual	Rather more than usual	Much more than usual
D4	thought of the possibility that you might make away with yourself?	Definitely not	I don't think so	Has crossed my mind	Definitely have
D5	found at times you couldn't do anything because your nerves were too bad?	Not at all	No more than usual	Rather more than usual	Much more than usual
D6	found yourself wishing you were dead and away from it all?	Not at all	No more than usual	Rather more than usual	Much more than usual
D7	found that the idea of taking your own life kept coming into your mind?	Definitely not	I don't think so	Has crossed my mind	Definitely have

Please read carefully, and answer the following questions about your child and your family. Please answer ALL questions by ticking the box the most applies, and filling in the information requested.

Child's Name:	Parent's Name:	
Questions about your child:		
1. Relationship to child of pers	on completing form:	
Biological mother	Step mother	
Biological father Other (please specify)	Stepfather	
2. Child's sex: Boy Girl		•
3. Child's date of birth: Day _	Month Year	
4. What country was your child born	in?	
5. Some children may sometimes fee often did your child have episodes than usual?	I wheezy or tight in the chest. In the I of wheezing, or wheezing which was	ast 12 months, how more troublesome
☐ Daily	☐ Weekly	☐ Monthly
☐ Never	☐ Don't know	
6. In the last 12 months, how often o	lid your child wake at night with coug	h or wheezing?
☐ Most nights	1-3 nights/week	<1 night/week
Only with episodes	Never	Don't know
7. In the last 12 months, how often of thing in the morning?	lid your child's experience troubleson	ne wheezing <u>first</u>
Most morning	1-3 mornings/week	1 morns/week
Only with episodes	☐ Never	Don't know

		ld had difficulty breathing a time between breaths?	which has been	n severe enough to limit
☐ Yes		☐ No		Don't know
		ere your child's activities a as at home playing with oth		d by cough or wheeze or
Daily Never		☐ Weekly ☐ Don't know		Monthly
10. Has your ch	ild been diagnosed	with asthma?		
No:	Skip to question	13.		
☐ Yes:	Please specify	(i) Date of diagnosis	Day	Month Year
		(ii) Doctor who made diag	nosis	
11. If you answe	ered 'Yes' to quest	ion 10, please indicate the s	everity of your c	hild's asthma
☐ Mild		Moderate		Severe
		ed are your child's asthma s quickly when they do occur		s s ymptoms are
Poorly n	nanaged			
Manage	d less often than no	ot		
☐ Manage	d about half the tin	ne		
Manage	d most of the time			
Comple	tely managed			
13. Does your o	hild suffer any alle	orgies?		
□ No				
Yes: Pl	ease specify		_	
14. Does your o	child suffer any oth	er medical conditions?		
☐ No				
Tyes: P	lease specify			

Hospital admission	Date of admission	Duration of stay	Reason for admission
Hospital admission			
2:			
Hospital admission 3:			
Hospital admission 4:	,		
		1	
			1 10
7. Does your child spend No	time in care of someone	other than yourself ea	nch week?

19. Other children in the family:

Relationship to Child	Male or Female	Date of Birth	Tick if living at home	Tick if asthmatic & indicate severity (mild, moderate, severe)

20. How difficult do you think your life is at present? (Please circle the appropriate number)

No problems or stresses	Few problems or stresses	Some problems and stresses	Many problems and stresses	Very Many problems and stresses
1	2	3	4	5

21. How do you think you are coping? (Please circle the appropriate number)

Not at all	A little	Fairly well	Very well	Extremely well
1	2	3	4	5

Victoria University PO Box 14428 MELBOURNE VIC 8001 Australia (Clinical)

Telephone: (03) 9919 2397 Facsimile: (03) 9919 2218 Email:

Sandra.Lancaster@vu.edu.au

School of Psychology Professor Sandra Lancaster Convenor, Doctor of Psychology

Director, Psychology Clinic



St Albans Campus McKechnie Street St Albans

Dear

In 2002-2003 you kindly participated in a research project that focused on the relationship between asthma and anxiety in young children. The information you provided is highly valued and has added to our understanding of young children and will assist professionals who care for young children and their families.

Findings from the research project have also highlighted the importance of learning about the ongoing development of the children, and in particular whether changes occur in children's anxiety over time. We would therefore like to invite you to participate in the follow-up project being conducted by Professor Sandra Lancaster and Michelle Popovski (a student enrolled in a Doctor of Psychology degree at Victoria University) with the support of Associate Professor Nicholas Freezer (Department of Respiratory Medicine). We are very excited about the project and the opportunity to learn more from you about your children. Your support for the previous study was very much appreciated and we hope very much that you will be able to be involved in this important follow-up.

Can you please complete the slip below and return it in the stamped addressed envelope so that we can contact you by telephone and give you further information about the project. Alternatively, you may call Michelle on 0418 518 828 or Professor Lancaster on 9919 2397.

We look forward to hearing from you very soon.

Yours sincerely,			
AM S indom	Salelan	元	
Dr Heather Siddons	Professor Sandra Lancast	er	
PLEASE RETURN COMPLETED SLI	IP AS SOON AS POSSIBLE	·	
Name:		<u>.</u>	
Address:			
Phone Number:			
I agree to be contacted about the res	earch project.		
I do NOT agree to be contacted about	ut the research project.		

Footscray, Melbourne City, Melton, Newport, St Albans, South Melbourne, Sunbury, Sunshine and Werribee