



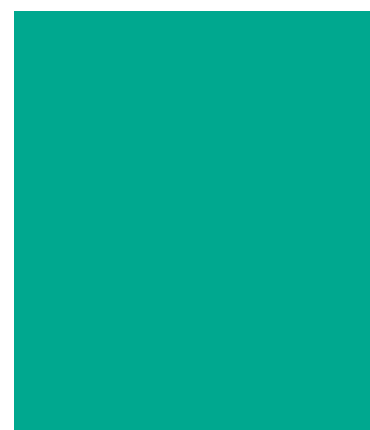
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CENTRE  
AGAINST  
SEXUAL  
ASSAULT



30<sup>th</sup> anniversary calendar 2008

Artwork created by people affected by sexual abuse





Over the past 30 years SECASA has had the pleasure and the privilege of coming into contact with many thousands of wonderful women, men and children wanting to change their lives. When talking has not been enough, they have looked at other ways of expressing themselves. These ways have included art therapy, dance workshops and mosaic groups.

This calendar is a celebration of all these wonderful people's creativity. It is also an acknowledgement of the skill and compassion of all those who have worked together and created art from the heart to inspire others.

CAROLYN WORTH  
Manager SECASA

We hope you love the artwork in the SECASA 2008 30th Anniversary Calendar. All of it was created by people affected by sexual abuse.

Creating art – particularly in a social setting with others who have a shared experience – can be a quietly exhilarating way to help rebuild lives after trauma.

The mosaic works you see here were made during two projects set up to research the contribution art can make to well being. The purpose was to learn art-making skills, work with an artist and do this in the company of women who not only had a shared experience of sexual abuse – but also had a shared love of art. The focus was always on the making.

The women found within themselves astonishing abilities to design, create, and learn many techniques of mosaic-making and installation. It was, at times, challenging; but mostly it was fun and uplifting.

Many of these women have come with me on a journey of discovery, and research. Their generosity, openness, and insights will, I am sure, also be appreciated by those seeking to regain a belief in themselves and others, following sexual abuse.

Also included in this calendar are artworks created outside these research projects – the stunning couch on the cover and the very expressive paintings captivate artistically a range of responses to sexual abuse.

We hope that all viewers of this beautiful calendar, particularly those who have experienced abuse, will feel inspired by the artwork and appreciate the beauty and talents that lie within each of us.

ANNE RIGGS  
Visual Artist

**Mosaic participants:**

Molly Radford	Leonie	Deb	Reyes Kuru
Karen Aeschlimann	Glynis	Kathy	Jay -2005 (46)
Melissa Manuel	Dianne H	Vivien	Simone White
Beth Fleming	Jennifer Barthelot	Kay Morton	Teresa de La Boursodiere

**Other artworks created by:**

SECASA groups in Berwick (in partnership with Arts Access - photos Catherine Acin); East Bentleigh, the Kaala Koori Group, and David Dryden.

**SECASA Counsellors supporting the mosaic projects:**

Mary Martin	Mary Mass
Tanya Nash	Emma Spence

Anne Riggs' PhD *"The Creative Space: An exploration of the arts and well-being in the shadow of Trauma, Grief and Loss"* is being undertaken through Victoria University, with the support of SECASA.



And the day came when the risk it took to remain  
tight in a bud was more painful than the risk it took  
to blossom.

Anais Nin



# January 2008

sun	mon	tue	wed	thur	fri	sat
		1 New Years Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26 Australia Day
27	28 Australia Day Public Holiday	29 Term 1 begins	30	31		



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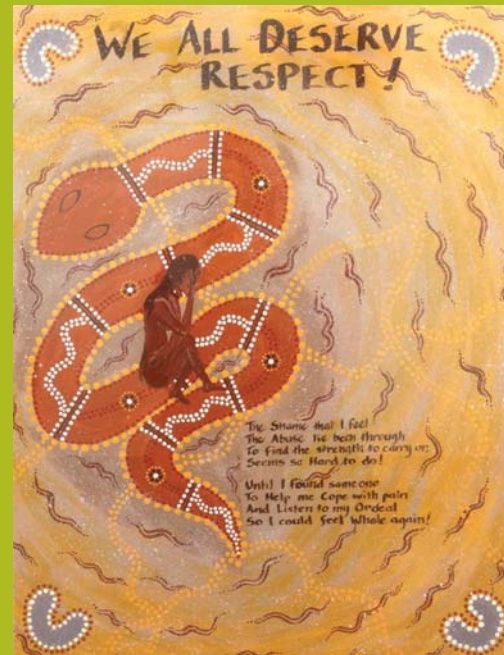
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Our greatest glory is not in never falling,  
but in rising every time we fall.

Confucius



# February 2008

sun							mon							tue							wed							thur							fri							sat						
																																			1							2						
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24							25							26							27							28							29													



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Dwelling on the negative simply  
contributes to its power.

Shirley Maclaine



# March 2008

sun	mon	tue	wed	thur	fri	sat
30						1
2	3	4	5	6	7	8 International Women's Day
9	10 VIC Labour Day	11	12	13	14	15
16	17	18	19	20 Term 1 ends	21 Good Friday	22 Easter Saturday
23 Easter Sunday	24 Easter Monday	25	26	27	28	29



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Courage is resistance to fear,  
mastery of fear, not absence of fear.

Mark Twain



# April 2008

sun							mon							tue							wed							thur							fri							sat						
														1							2							3							4							5						
6							7							8							9							10							11							12						
							Term 2 begins																																									
13							14							15							16							17							18							19						
20							21							22							23							24							25							26						
																																			Anzac Day													
27							28							29							30																											



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All the strength you need to achieve anything is within you.

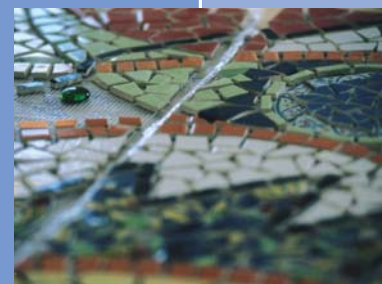
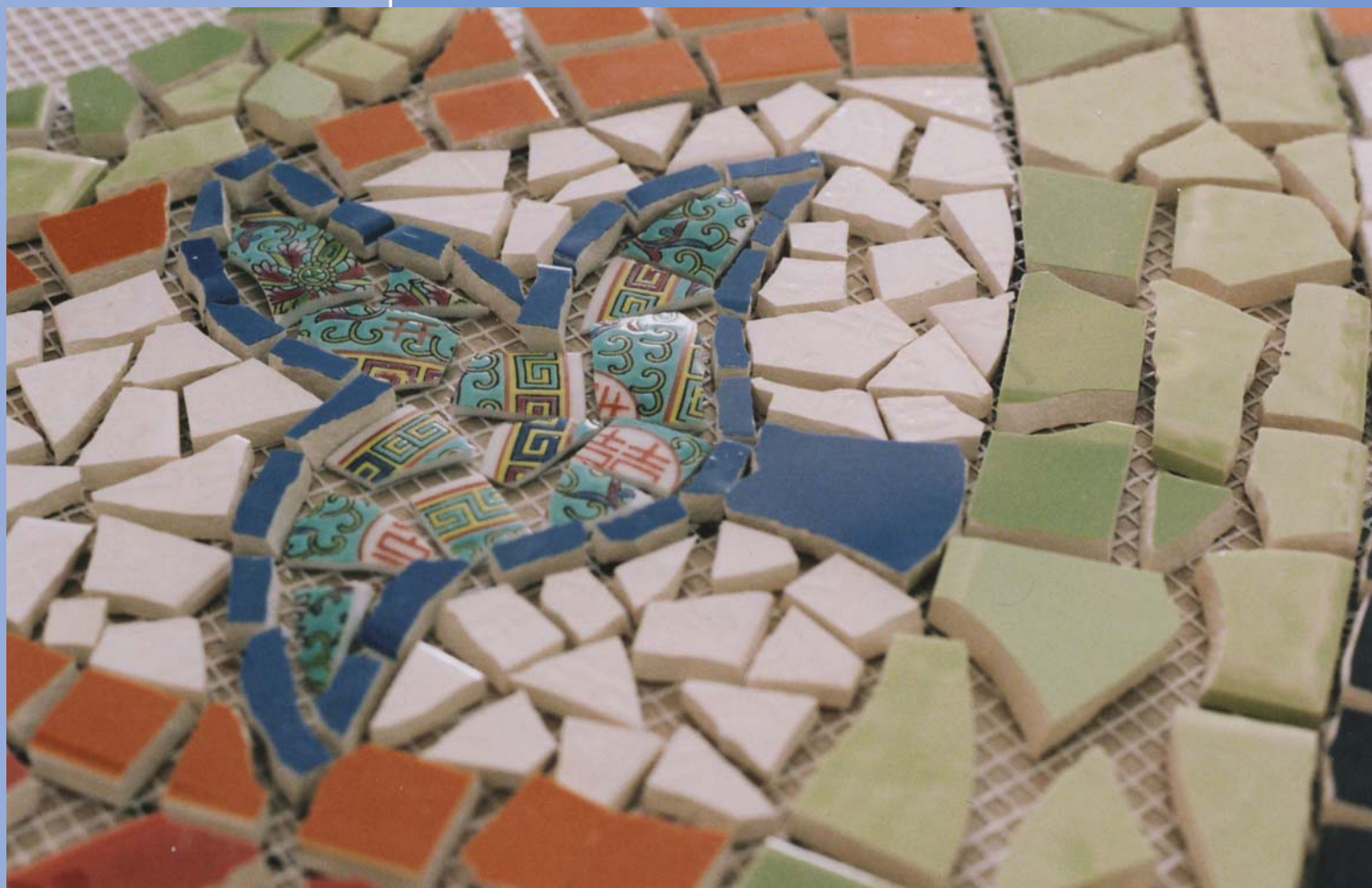
Sara Henderson

# May 2008

sun							mon							tue							wed							thur							fri							sat						
																												1							2							3						
4							5							6							7							8							9							10						
11							12							13							14							15							16							17						
Mothers Day																																																
18							19							20							21							22							23							24						
25							26							27							28							29							30							31						



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# June 2008

sun	mon	tue	wed	thur	fri	sat
1	2	3	4	5	6	7
8	9 Queen's Birthday (except WA)	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27 Term 2 ends	28
29	30					



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Buddhist Tradition



Leave your worries and shoes outside the door.

# July 2008

sun	mon	tue	wed	thur	fri	sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Term 3 Begins	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



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The real voyage of discovery consists not in seeking new landscapes but in having new eyes.

Proust

# August 2008

sun	mon	tue	wed	thur	fri	sat
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



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Every child is an artist, the problem is  
how to remain one after growing up.

Picasso



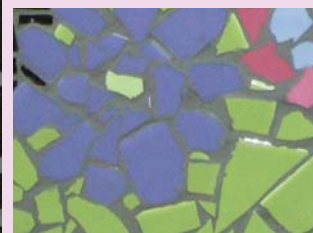


# September 2008

sun	mon	tue	wed	thur	fri	sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Term 3 ends	20
21	22	23	24	25	26	27
28	29	30				



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# October 2008

sun							mon							tue							wed							thur							fri							sat						
																					1							2							3							4						
5							6							7							8							9							10							11						
							Term 4 begins																																									
12							13							14							15							16							17							18						
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Nothing can bring you peace but yourself.  
Ralph Waldo Emerson



# November 2008

sun	mon	tue	wed	thur	fri	sat
30						1
2	3	4 VIC Melbourne Cup Day	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25 White Ribbon Day	26	27	28	29



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Character is not developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved.

Helen Keller

# December 2008

sun	mon	tue	wed	thur	fri	sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Term 4 ends	20
21	22	23	24	25 Christmas Day	26 Boxing Day	27
28	29	30	31			



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### **South Eastern Centre Against Sexual Assault**

PO Box 72, East Bentleigh 3165

Aministration Line	+61 3 9928 8741
Crisis 24 Hour Line	+61 3 9594 2289
Sexual Assault Crisis Line Toll Free	1800 806 292 or +61 3 9349 1766
Facsimile	+61 3 9928 8749
Email	<a href="mailto:secasa@southernhealth.org.au">secasa@southernhealth.org.au</a>
Website	<a href="http://www.secasa.com.au">www.secasa.com.au</a>

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