

The impact of mindfulness interventions in higher education to enhance engagement

This is the Accepted version of the following publication

Hammill, Jacqueline, Nguyen, Thinh and Henderson, Fiona (2023) The impact of mindfulness interventions in higher education to enhance engagement. Journal of Further and Higher Education, 47 (5). ISSN 0309-877X

The publisher's official version can be found at https://www.tandfonline.com/doi/full/10.1080/0309877X.2023.2175652 Note that access to this version may require subscription.

Downloaded from VU Research Repository https://vuir.vu.edu.au/46489/

Figure 2. Mean, Standard Deviation for End of Course Survey Questions (n = 29).

